# Health and Wellbeing Board

## 8<sup>th</sup> January 2020

## **Promoting Health and Wellbeing through Spatial Planning**

### Recommendations

- 1. To **note** the contents of the attached *Promoting Health and Wellbeing through Spatial Planning* guidance document.
- 2. To **endorse** the document as guidance to support Health in All Policies (HiAP) and ensure health and wellbeing is embedded within local and joint planning policies.
- 3. To **request support** from board members for:
  - i. Holding a health and planning workshop (part of next steps); and
  - ii. Championing the meaningful use of the guidance document.

### 1.0 Key Issues

- 1.1 The environment we live in plays a vital role in both improving and protecting the health and wellbeing of our communities) including through providing opportunities to be physically active, connect with others, as well as support specific vulnerable groups through design.
- 1.2 The attached guidance document supports the National Planning Policy Framework (NPPF), which places a duty on public health to provide advice and guidance on health and wellbeing matters. It also supports Warwickshire's ambition for Health in All Policies (HiAP).
- 1.3 The guidance is aimed at policy and strategy makers across a range of disciplines including: local planning authorities, public health, regeneration, transport planners, and infrastructure providers.
- 1.4 Figure 1 highlights specific health and wellbeing outcomes that changes to the built environment can influence. Good planning and well-designed places can foster positive health outcomes. Although most local development plans across Warwickshire make some reference to health and wellbeing, this is not uniform across each area.

Indicator	Period	•	England	Warwickshire	North Warwickshire	Nuneaton and Bedworth	Rugby	Stratford-on-Avon	Warwick
Percentage of physically active adults	2017/18		66.3	67.0	63.0	61.1	66.2	69.8	72.1
Percentage of adults (aged 18+) classified as overweight or obese	2017/18		62.0	62.4	70.6	71.9	65.8	56.4	52.8
Estimated diabetes diagnosis rate	2018		78.0	74.0	76.2	85.5	79.9	61.6	71.9
Estimated dementia diagnosis rate (aged 65 and over) ≥ 66.7% (significantly) similar to 66.7% < 66.7% (significantly)	2019	•	68.7	61.3	62.4	59.0	65.9	61.8	58.8
Year 6: Prevalence of obesity (including severe obesity) New data	2018/19		20.2	18.9	23.3	22.9	18.6	17.0	14.1
Compared with benchmark: Better Similar W () Recent trends: - Could not be calculated Getting worse	orse Not		easing /	↓ Decreas		No significa	int -	attached to	the value, ho

Figure 1: Health and wellbeing outcomes related to the built environment (Public Health England, 2019)

### 2.0 Options and Proposal

- 2.1 This guidance document is split into three chapters:
  - Chapter 1: Introduction to the planning and health agenda
  - Chapter 2: Key design elements and recommendations related to emerging joint strategic needs assessment (JSNA) themes
  - Chapter 3: Public Health evidence to support Chapter 2
- 2.2 Prior engagement has taken place with a number of groups, and comments back have been incorporated from:
  - Coventry, Warwickshire and Solihull Planning Officers Group
  - Health and Wellbeing Executive Group
  - Coventry and Warwickshire Health Care Partnership's Population Health and Prevention Working Group

### 3.0 Financial Implications

3.1 None.

### 4.0 Environmental Implications

4.1 The advice and guidance within this report and accompanying document support sustainable development and ambitions to tackle climate change through the built environment.

### 5.0 Timescales associated with the decision and next steps

- 5.1 To further develop the guidance once the JSNAs have been completed (March 2020) to factor in recommendations for each place.
- 5.2 To use the guidance document as a framework for holding a workshop with key policy and strategy makers on the use of JSNA in local planning processes.
- 5.2 For the guidance document to form the evidence-base for the proposed joint spatial plan across Coventry and Warwickshire (timeline in background paper 2).

### Background papers

- 1. Promoting Health and Wellbeing Through Spatial Planning guidance document
- 2. Joint spatial planning timeline

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The report was circulated to the following members prior to publication:

Local Member(s): None Other members: Councillors Caborn, Redford, Golby, Adkins and Roodhouse.